

THE MORE OF LESS: FINDING THE LIFE YOU WANT UNDER EVERYTHING YOU OWN

Don't Settle for More Most of us know we own too much stuff. We feel the weight and burden of our clutter, and we tire of cleaning and managing and organizing. While excess...

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The More of Less: Finding the Life You Want Under Everything You Own

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Peek Inside the Book

Consider what happens to us when we choose to serve others: life flips upside down. In helping others rather than seeking our own gain, we find greater freedom. We live lives of less stress, less anxiety, and less frustration. We begin to feel more fulfilled, more complete, more alive. Living for others abolishes our need for a pecking order. It lifts a great weight off our shoulders because we no longer seek power and mastery over others. We know what were...

Reader's Opinions

Thank you Joshua Becker for your inspirational and motivating "why" and "how to" manual on what you call "minimalism". I've already implemented some of your very practical and doable suggestions. I've read aloud many excerpts to my family. It seems we've been on this journey for at least a decade. Here's our story. We were driving through...

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