

HAPPY ME, HAPPY YOU: THE HUNA WAY TO HEALTHY RELATIONSHIPS

This exuberant guide is special among the many books on relationships because of Serge King's seasoned perspective as a master Huna shaman and alternative healer. "The problem between two people is never a relationship that isn't working," he says. "It is always that one or both of them don't know how to relate in a better way. The real...

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Author	Serge Kahili King
Original Book Format	ebook
Number of Pages	pages
Filetype	PDF / ePub / Mobi (Kindle)
Filesize	0 bytes

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Reader's Opinions

"Every time you act out of fear, you reinforce the fear." "That wasn't criticism--that was an opinion." -->>
"you have no power over me!" -->> no longer dangerous -->> different reactions