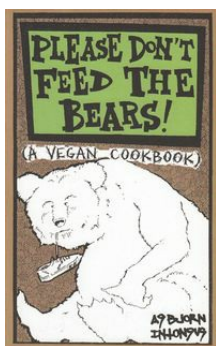


PLEASE DON'T FEED THE BEARS: A VEGAN COOKBOOK

In the vein of the classic Soy Not Oi cookbook, Please Don't Feed The Bears compiles three issues of the previously self-published vegan cook zine with a range of tasty and simple animal-free dishes. The collection finally makes available these long-obscure fanzines originally published in the mid 1990s. Here you'll find incredible recipes for stews, soups, sauces, noodle & bean dishes, baked entrees, deserts and more! There is also a fair smattering of new material bringing this to a whopping 160 pages of deliciousness! In the spirit of Soy...



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Please Don't Feed the Bears: A Vegan Cookbook

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Reader's Opinions

Packed full of great vegan recipes, this was my go-to cookery book as a student. The book is brimming with personality, filled with doodles, and each recipe comes with a recommended rock song. Also, the...