

# SOY, NOT OI!



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## Soy, Not Oi!

Author	<b>Hippycore Krew</b>
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## Reader's Opinions

i love this cookbook. its full of my favourite kind of diy recipes, where some recipes dont include measurements on most stuff so you kinda gotta feel around and taste as you go, and it turns out awesome every time.i love the info in it, and how people wrote about why they decided to follow a vegan diet, and the...

I read/bought this book 16 years ago at a warped tour in Los Angeles. It was my first vegan cookbook and I'll fondly look back on it forever. It was a great introduction to vegan cooking because we had so many more options out there. The recipes aren't fantastic but they work. The drawing and descriptions are great though!