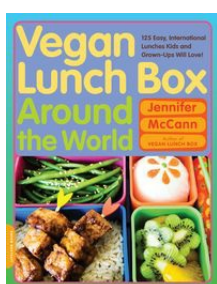


# VEGAN LUNCH BOX AROUND THE WORLD: 125 EASY, INTERNATIONAL LUNCHES KIDS AND GROWN-UPS WILL LOVE!

Vegan Lunch Box Around the World offers a delicious array of meat-free, egg-free, and dairy-free lunches that will take you on an adventure across the globe. The book includes balanced international and regional American menus with 100 recipes from Ratatouille to Moroccan Tagine, New England Chowder to a Japanese Bento Box. With quick and easy recipes,...



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## Reader's Opinions

for someone with more time on their hands than i do. the recipes were pretty good, but they all make different quantities, and there is never any time listed. to make a full meal you have to make 4 or 5 recipes. that's a lot of time in the kitchen! i made a caribbean one, the german one, and the moroccan one. they were all good, but...