

THE ASIAN VEGAN KITCHEN: AUTHENTIC AND APPETIZING DISHES FROM A CONTINENT OF RICH FLAVORS



The Asian Vegan Kitchen
Authentic and Appetizing Dishes from a Continent of Rich Flavors
Hema Parekh



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Reader's Opinions

vegans, cooks

Nice photos and nice variety of recipes. Covers India to Japan to Malaysia to Vietnam and more. Some ingredients are specialized and must be purchased at an Asian or Indian market, but otherwise not too complicated.