

GRILLS GONE VEGAN

Move over meat! With Grills Gone Vegan, plant-based proteins, vegetables, and even fruits take centre stage on the grill to bring out their rich, deep flavours. Veteran vegan chef and cookbook author Tamasin Noyes shows how readers can think beyond burgers and kebabs and create everything from quick appetizers and sandwich fillings to side dishes and even a surprising array of sweets-all on the grill. Tamasin's rubs and sauces make tofu, tempeh, and seitan explode with flavour,...



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Grills Gone Vegan

Author	Tamasin Noyes
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Reader's Opinions

The nice thing about this cookbook is that it provides both the grill and indoor method for preparing these dishes. I found a few to try and some to save. Lots of low calorie. If you are a true vegan, you will enjoy this cookbook.

Why should carnivores have all the fun? This slim volume offers lots of ideas for vegan grilling, sauces and rubs - so that everyone can make the most of grilling season.