

SO RAW IT'S DOWNRIGHT FILTHY: A RAW VEGAN COOKBOOK

Let us not understate the might and magic of Joshua Ploeg's cooking. The dude's meals sparkle in your mouth; they burst and bloom; they explode and breakdance and pirouette! Joshua's the "traveling vegan..."



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So Raw It's Downright Filthy: A Raw Vegan Cookbook

Author	Joshua Ploeg
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Reader's Opinions

These tasty and delicious recipes are an excellent primer into the primal experience that is raw cuisine.& Ploeg is fucking hilarious to boot. He frequently goes on tour; check his blog to see when he'll be near you!