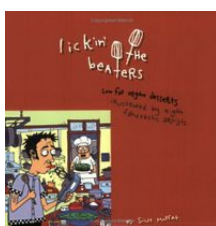


# LICKIN' THE BEATERS: LOW FAT VEGAN DESSERTS

Over 80 fabulous, low fat, dairy free desserts where even the second helping is guilt free! Illustrated with beautiful lino cuts or zany cartoons, I suspect you'll find the recipes fun, easy to follow, and so good you'll eat half the batter. Breads, cakes, donuts, candies, cookies and bars, pies, ice-creams, puddings, toppings, fruity stuff, drinks, and a whole lot more. "A wonderful and delightful collection of recipes that tantalize your tastebuds into thinking you're being decadent..."



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### Lickin' the Beaters: Low Fat Vegan Desserts

Author	Siue Moffat
Original Book Format	Paperback
Number of Pages	96 pages
Filetype	PDF / ePUB / Mobi (Kindle)
Filesize	2.34 MB

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## Reader's Opinions

Lickin' The Beaters is a perfect addition to any dessert lovers collection of recipes. Peanut brittle, rhubarb crunch, date bars, and chocolate chip cookies these are just some of the offerings in this compact and beautifully illustrated book. Siue Moffat proves that following a vegan diet does not necessitate depriving ones sweet tooth....