ZEN MIND, BEGINNER'S MIND

"In the beginner's mind there are many possibilities, but in the expert's there are few." So begins this most beloved of all American Zen books. Seldom has such a small handful of words provided a teaching as rich as has this famous opening line. In a single stroke, the simple sentence cuts through the pervasive tendency students have of getting so close to Zen...



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Zen Mind, Beginner's Mind

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Peek Inside the Book

When you listen to someone, you should give up all your preconceived ideas and your subjective opinions; you should just listen to him, just observe what his way is. We put very little emphasis on right and wrong or...

Reader's Opinions

Is it strange that this book was essentially my father's manual for child-rearing? "The best way to control people is to encourage them to be mischievous... To give your sheep or cow a large, spacious meadow is the way to control him. So it is with people: first let...