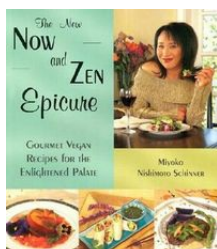


THE NEW NOW AND ZEN EPICURE: GOURMET VEGAN RECIPES FOR THE ENLIGHTENED PALATE



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The New Now and Zen Epicure: Gourmet Vegan Recipes for the Enlightened Palate

Author	Miyoko Nishimoto Schinner
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Reader's Opinions

Discovered Miyoko on PBS's "Vegan Mashup". An older book, I had to request interlibrary loan to get it, but after seeing her cook up some tofu bacon on the show, I knew I had to check it out. The only two recipes I tried were the tofu bacon & the tofu eggs, both of which are out of this world delicious & simple to prepare. Even my "flexitarian"...

fancy recipes for all those parties I don't have, but what's with this sickly looking savory jello molds? maybe they taste good??