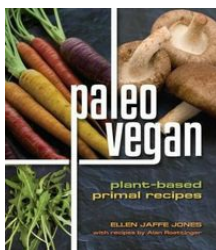


PALEO VEGAN: PLANT-BASED PRIMAL RECIPES

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Filesize	3.34 MB

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Reader's Opinions

the added challenge of vegan as opposed to vegetarian is tackled, with some rules that differ from those for vegetarians. helpful resource.