## BETTY GOES VEGAN: OVER 500 CLASSIC RECIPES FOR THE MODERN FAMILY

BETTY GOES VEGAN is a comprehensive guide to creating delicious meals for today's vegan family. This must-have cookbook features recipes inspired by The Betty Crocker Cookbook, as well as hundreds of original, never-before-seen recipes sure to please even meat-eaters. It also offers insight into why Betty Crocker has been an icon in American cooking for so long-- and why she still represents a...



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Author	Annie Shannon
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## **Reader's Opinions**

Excellent concept, flawed execution. I too grew up with my mother's copy of the Betty Crocker cookbook. It's the epitome of Middle-American, Mid-Century, classic junky cooking. The problem I had was that even in their vegan versions, the recipes are still rather junky, and full of processed foods. I tend to like to keep my food...