

WHAT'S BETTER TODAY? HOW TO GROW AND LEARN INTO THE LEADER YOU CAN BE

Imagine that you are stressed out, overworked, overly pressured and don't get the recognition you deserve. This may be so close to reality that you won't find it hard to imagine! You want to grow in your career, but trapped by your current lifestyle and there's a genuine fear that you may be close to burning out. One day, a friend mentions that she has been helped by a coach and suggests that you do the...



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Author	John Kenworthy
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Reader's Opinions

I wrote this book as a practical field guide for two main reasons: Because there's a huge number of books out there for developing coaches, but nothing for being a coachee, and nothing that helps coachee's get the most out of their coaching. 80% of my clients in their first coaching season includes these templates and so I...